Timeline for Sabina Spielrein (in) *Sabina Spielrein: The Woman and the Myth*

1885: Sabina Spielrein born in Rostov, Russia

1900: Spielrein begins demonstrating symptoms of “hysteria” after her sister Emily dies

1904: Treated by C. G. Jung at the Burghölzli Clinic, Zurich, Switzerland

1905: Begins studies at University of Zurich in Psychiatry, ceased being an in-patient and begins outpatient care with C. G. Jung under clinic director, Eugen Bleuler

1911: Earns her PhD from the University of Zurich

1911: “On the Psychological Content of a Case of Schizophrenia” dissertation published

1911: First Presentation to the Vienna Psychoanalytic Society (Freud’s Circle), “On Transformation”/Membership in the VPS accepted unanimously

1912: Marriage to Pavel (Paul) Scheftel

1912: “Destruction as the Cause of Coming into Being” is published

1912: “Contributions to the Knowledge of a Child’s Soul” is published (See Appendix B)

1913: Birth of daughter, Renata (Renata), meaning “Rebirth”

1913: “The Mother-in-Law” is published
1913–1922: Teaches in Geneva, Switzerland, intermittently

1914: “The Unconscious Mind” (Article)/ “Two Menstrual Dreams” (Article)

1915: Pavel leaves to Russia without Spielrein

1916: “The Appearance of the Oedipus Complex in a Child” (Article)

1920: Presentation to Psychoanalytic Congress in The Hague

1920: “Feelings of Shame in Children” (Article); “On the Origin and Development of Vocalized Speech” (Article); “Repressed Oral Eroticism” (Article)


1922: “The Origin of the Child’s Words ‘Papa’ and ‘Mama’” is published

1923: Return to Russia to co-direct Psychology Institute in Moscow

1923: “A Dream and a Vision of Falling Stars (Article); The Car as a Symbol of Male Potency” (Article); “Time in the Subliminal Life of the Mind” (Article); “Some Reports from the Life of Children” (Article)

1924: Return to Rostov and reunion with Pavel

1926: Birth of second daughter, Eva

1929: “An Abstract in Psychoanalysis” (Article)

1931: “Children’s Drawings Done with Their Eyes Open and with Their Eyes Shut” (Article)

1930s: Moscow Society Disbands; Becomes unsafe to practice psychoanalysis in Russia; Loss of Spielrein’s brothers in the Gulag; Trail on Spielrein is lost

1942: August 11–12, Death of Sabina Spielrein, Eva, and Renata in Rostov under Nazi occupation